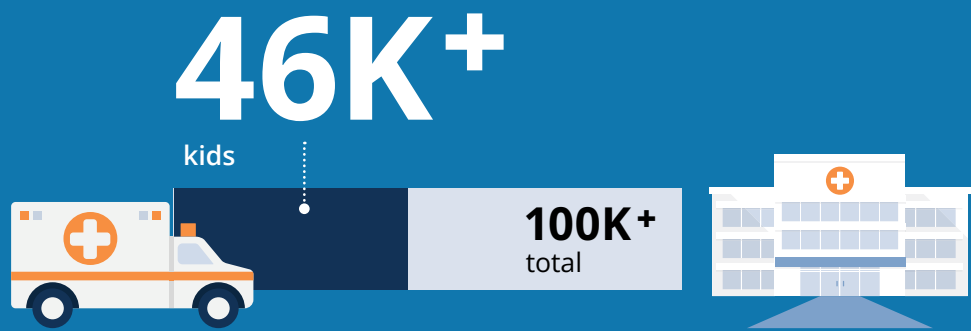


# Give your children a shot to stay healthy this flu season.

THE SEASONAL FLU IS A DANGEROUS VIRUS THAT IMPACTS EVEN THE HEALTHIEST OF CHILDREN.



Over **100,000** people were hospitalized with influenza during the 2021-2022 flu season, including **over 46,000** children. <sup>1</sup>



Approximately **80%**

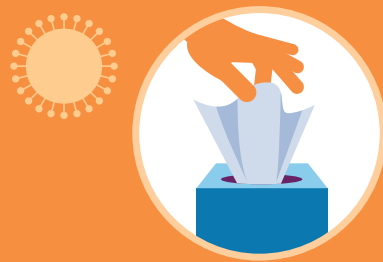
of the kids who died from flu weren't vaccinated. <sup>2</sup>

## WE CAN ALL PROTECT THE HEALTH OF OUR CHILDREN.

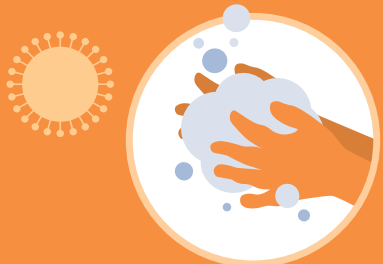
### 4 WAYS TO STOP THE SPREAD:



Avoid anyone who's sick.



Cover coughs and sneezes.



Wash and sanitize hands. <sup>3</sup>



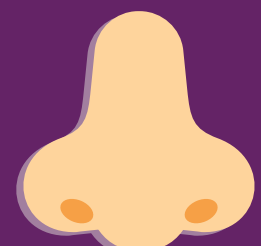
Get the flu vaccine. <sup>4</sup>

## EVERY KID SIX MONTHS OR OLDER SHOULD RECEIVE THE FLU VACCINE. <sup>5</sup>

### 2 COMMON TYPES OF VACCINES FOR KIDS: <sup>6</sup>



shot



nasal spray

It takes about **2 weeks** to provide protection. <sup>7</sup>

**Covered** by Medicaid and CHIP.

## REST EASIER THIS FLU SEASON AND ALL YEAR LONG.

Your **kids up to age 19** may qualify for **free** or **low-cost health coverage** through Medicaid and the Children's Health Insurance Program (CHIP).

Visit [InsureKidsNow.gov](https://www.insurekidsnow.gov) or call **1-877-KIDS-NOW (543-7669)** to learn about coverage in your state.

**Once covered**, visit [Vaccines.gov](https://www.vaccines.gov) to find the nearest location for your shot.

<sup>1</sup> <https://www.cdc.gov/flu/about/burden/2021-2022.htm#table01>  
<sup>2</sup> <https://www.cdc.gov/flu/about/burden/faq.htm>  
<sup>3</sup> <https://www.cdc.gov/flu/prevent/prevention.htm>  
<sup>4</sup> <https://www.cdc.gov/flu/prevent/index.html>  
<sup>5</sup> <https://www.cdc.gov/flu/prevent/vaccinations.htm>  
<sup>6</sup> <https://www.cdc.gov/flu/prevent/different-flu-vaccines.htm>  
<sup>7</sup> <https://www.cdc.gov/flu/highrisk/children.htm#types>

